Activity: Victorian Scrapbooking & the Language of Flowers

Scrapbooking was a favourite pastime of many Victorians. The development of colour printing, die-cut and embossing techniques helped to make this a popular hobby, which resulted in scrap albums jam-packed with images such as beautiful floral bouquets.

What you will need:

• Scissors, glue sticks, paper, coloured pencils and felt-tip pens, cut-outs of different flowers from magazines.

How to:

• Lay out materials on the table.
• Instruct participants to choose the flowers they would like to use for their scrapbook page. To help them choose, ask the following questions:
  - “Which flower do you like the look of?”
  - “What is your favourite flower?”
  - “Which one do you think smells the nicest?”
  - “How do the flowers make you feel?”
• After making their selections, have participants use glue sticks to decorate their scrapbook page.
• Under each flower, have participants write or draw what the flower represents to them, ex. a daisy symbolises innocence, a red rose represents love etc.